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Lumenis FemTouch®

laser treatment
vaginal dryness

01

Treatment of vaginal dryness

Vaginal discomforts such as **dryness** (atrophy), **burning** and **pain** during sexual intercourse (dyspareunia) often occur during menopause or as a result of breast cancer treatment. Hormone changes alter the mucous membranes of the vagina. The skin becomes thinner, drier and more sensitive and the elasticity and firmness decreases, making the vagina more susceptible to infections, drier and less easily moisturised during sexual intercourse. These complaints affect the quality of life of many women.

The Lumenis FemTouch® laser treatment is an ideal solution for all women who suffer from these inconveniences, also for women who are not allowed to take hormones (e.g. after a breast cancer treatment), who experience no improvement after a hormonal treatment or who find applying creams annoying.

02

How does the Lumenis FemTouch® work?

Lumenis FemTouch® is a **laser treatment without hormones** that treats complaints of **vaginal dryness**. The procedure is quick and painless and restores the vaginal wall, making it firm and flexible again. The laser light from the Lumenis FemTouch® technology is absorbed into the cells of the vaginal wall and stimulates collagen formation, causing the vaginal mucosa to fully and naturally repair itself.



During the treatment, the vagina is made as dry as possible. The gynaecologist then inserts a small tube that transmits the laser light into the cells, allowing them to recover and restore normal blood flow to the vagina.

The laser treatment is done **without anaesthetic**, has **no side effects** and is **painless**. The entire procedure takes only **5 minutes** in total. Optimal results **are visible after an average of 3 treatments** (1 treatment every 4-6 weeks). Thereafter, 1 treatment a year is needed to maintain the effect. Complications have not been described. Results are very likely, but no treatment gives a 100% guarantee.

03

Advantages vaginal laser treatment

- Non-hormonal
- Suitable for all patients, regardless of age
- Short treatment
- Painless, without anaesthesia
- Independent of compliance
- Long-term results
- To replace or supplement local hormonal vaginal therapy

04

Cost of Lumenis FemTouch®

- 190 euros per session of which \pm 15 euros are refunded each time. This price has been agreed with a number of neighbouring centres in Limburg.
- Because of the high cost, a hormonal approach to the problem will be taken in the first instance (if possible).



Questions?

Contact your family doctor in the first instance. If your family doctor refers you or is not available, you can contact:

gynaecology secretariat
tel.: 011 69 94 85



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