



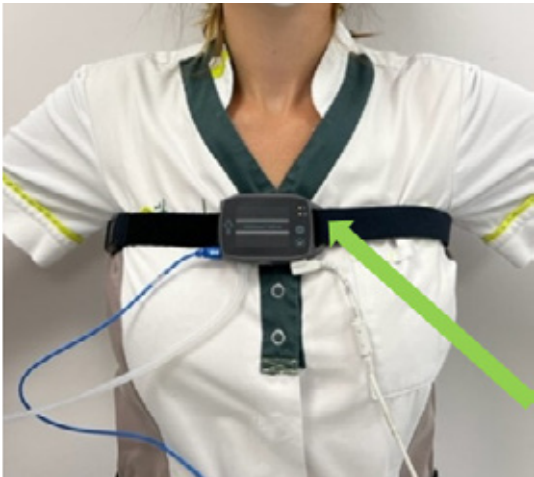
The polygraph

Instructions for use (with MAD)

01

Step 1: confirm device

- Attach the device on top of your pyjamas.
- Place the device in the centre of your chest using the strap. The strap should be under the armpit.
- **If you have a cardiac pacemaker, wear the straps reversed. The device will then be at the level of the navel and the abdominal belt under the armpit.**



02

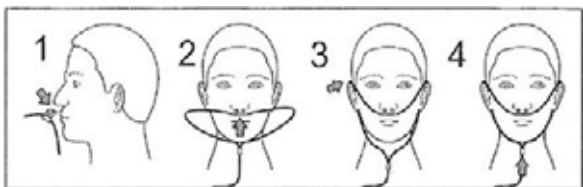
Step 2: attach the abdominal belt

- Attach the belt at the height of the navel.



03**Step 3: attach nasal cannula**

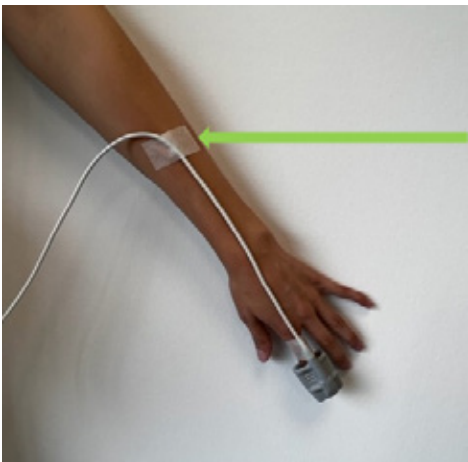
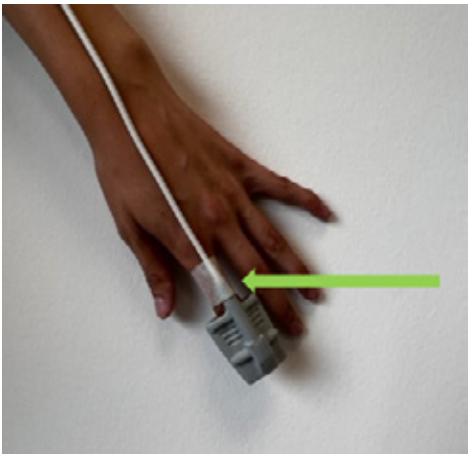
- Position the nasal cannula so that the tube runs behind **both** ears. Use the sliding part to adjust the tube under the chin. Attach with a piece of adhesive tape on the left and right cheek.



04

Step 4: place finger sensor

- Place the finger sensor on your **left** ring, middle or index finger so that the fingertip remains inside the rubber part. The cable runs along the top of your hand. Attach a piece of adhesive tape to your finger/arm.



You are now ready to go to sleep!



Questions?

If you still have questions after reading this brochure, do not hesitate to ask. The nurses at the sleep laboratory will be happy to help you.

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